



THE HIGHLANDS
A GRACE MGMT COMMUNITY

Good to Go Dinner Menu \$20 (includes soup or salad, entrée, 2 sides and a dessert)

| | Brunch | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------------|-------------------|-------------------|-------------------|--------------------|-----------------------|----------------------|------------------|
| Soups | Butternut Squash | Minestrone | Cream of Broccoli | Tomato | Vegetable | French Onion | Sausage Lentil |
| Salad | Garden Salad | Garden Salad | Garden Salad | Garden Salad | Garden Salad | Garden Salad | Garden Salad |
| Entrees | Brats n Kraut | Cheeseburger | Tuna Nicoise | Shrimp Salad Roll | Italian Sausage Pasta | Mexican Corn Chicken | Beef Stroganoff |
| | Grilled Swordfish | BBQ Chicken | Chicken Parmesan | Pork Tenderloin | Apple BBQ Pulled Pork | Baked Haddock | Blackened Salmon |
| Starch | Wild Rice Pilaf | Potato Salad | Mashed Sweets | Potato Pasta Salad | Sweet Potato Tots | Lemon Rice | Lemon Chive Rice |
| | Dill Potatoes | Pasta Salad | Spag/Marinara | Baked Potato | Garlic Bread | Quinoa & Black Bean | Egg Noodles |
| Vegetables | Brussel Sprouts | Corn on Cob | Corn | Asparagus | Yellow Squash | Spinach | Chef's Veggie |
| | Carrots | Broccoli Salad | Broccoli | Coleslaw | Broccolini | Brussel Sprouts | Green Beans |
| Desserts | Blueberry Pie | Strawberry Shtcke | Apple Cobbler | Bread Pudding | Boston Cream Pie | Angel Food Cake | Cheesecake |
| | Baklava | Watermelon | Raspberry Cookie | Lemon Cake | Peanut Butter Cookie | Ice Cream Sandwich | Chocolate Mousse |

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| WEEK OF | May | 24th | 2026 |
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*Gluten Free Entrée V Vegetarian

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-2650 Ext. 136
24 Hr notice is suggested. Highland Green Residents: \$1 delivery fee per address