



THE HIGHLANDS  
A GRACE MGMT COMMUNITY

**Good to Go Dinner Menu \$20** (includes soup or salad, entrée, 2 sides and a dessert)

|                   | Brunch             | Monday            | Tuesday        | Wednesday         | Thursday         | Friday             | Saturday            |
|-------------------|--------------------|-------------------|----------------|-------------------|------------------|--------------------|---------------------|
| <b>Soups</b>      | Cream of Asparagus | Split Pea Ham     | Tomato Basil   | Cream of Broccoli | Garden Vegetable | Chicken Rice       | French Onion        |
| <b>Salad</b>      | Garden Salad       | Garden Salad      | Garden Salad   | Garden Salad      | Garden Salad     | Garden Salad       | Garden Salad        |
| <b>Entrees</b>    | Sundried Tom Chix  | Pork Chop/Gravy   | Meatloaf/Gravy | Baked Ham         | Chicken Curry    | Baked Haddock      | Short Rib Bolognese |
|                   | Baked Salmon       | Lasagna           | Fried Oysters  | Seafood Newburg   | Mussels          | Peppercorn Steak   | BBQ Chicken Thigh   |
| <b>Starch</b>     | Mashed Potato      | Potato Pancakes   | Baked Potato   | Wild Rice Pilaf   | Rice             | Herb Mashed Potato | Macaroni & Cheese   |
|                   | Lemon Rice         | Mashed Sweets     | Mashed Potato  | Egg Noodles       | Roasted Potatoes | Mushroom Risotto   | Spag/Marinara       |
| <b>Vegetables</b> | Fiddleheads        | Peas              | Coleslaw       | Turnips           | Broccoli         | Cauliflower        | Broccoli Salad      |
|                   | Asparagus          | Zucchini          | Corn           | Butternut Squash  | Spinach          | Carrots            | Yellow Squash       |
| <b>Desserts</b>   | Str. Cheesecake    | Berry Cobbler     | Bread Pudding  | Carrot Cake       | Key Lime Pie     | Blueberry Pie      | Chocolate Cake      |
|                   | Dessert Bars       | Peanut Butter Pie | Cookie         | Beignets          | Buckeye Brownie  | Strawberry Parfait | Apple Pie           |

\*Gluten Free Entrée    V Vegetarian

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30    (207) 725-2650 Ext. 136

24 Hr notice is suggested. Highland Green Residents: \$1 delivery fee per address