



THE HIGHLANDS

A GRACE MGMT COMMUNITY

Good to Go Dinner Menu \$20 (includes soup or salad, entrée, 2 sides and a dessert)

	Brunch	Monday	Tuesday	Wednesday	Thursday	Friday
Soups	Potato Leek	Cheddar Ham	Sausage Lentil	Fish Chowder	Beef Stew	Chicken Noodle
Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Entrees	Baked Ham	Coq Au Vin	Tropical Haddock	Beef Paprika	Crab Cake	Cod Fillet w/Lemon Sauce
	Baked Salmon	Pork Tenderloin	Roast Turkey	Chicken Curry	Prime Rib Au Jus	Short Rib Bolognese
Starch	Rice Pilaf	Risotto	Lime Cilantro Rice	Herb Mash Potato	Horseradish Mash	Garlic Parmesan Rice
	Garlic Herb Mash	Mashed Potato	Stuffing	Rice	Baked Potato	Spaghetti w/Marinara
Vegetables	Asparagus	Green Beans	Butternut Squash	Roasted Mushrooms	Brussel Sprouts	Spaghetti Squash
	Carrots	Rutabagas	Spinach	Broccoli	Corn	Peas
Desserts	Lemon Cheesecake	Berry Cobbler	Cherry Choc Cake	Brownie	Almond Cake	Cheesecake w/Chco
	Assorted	Rice Pudding	Tiramisu	Apple Pie	Beignets	Cookie

*Gluten Free Entrée V Vegetarian

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-2650 Ext. 136

24 Hr notice is suggested. Highland Green Residents: \$1 delivery fee per address

Saturday
Vegetable
Garden Salad
Shrimp Salad Roll
Chicken Piccata
Mashed Potato
Potato Salad
Chef's Veggie
Zucchini
Blueberry Pie
Angel Food Cake