



THE HIGHLANDS

A GRACE MGMT COMMUNITY

Good to Go Dinner Menu \$20 (includes soup or salad, entrée, 2 sides and a dessert)

	Brunch	Monday	Tuesday	Wednesday	Thursday	Friday
Soups	Vegetarian Chili	Corn Chowder	Vegetable Macaroni	Lobster Bisque	Mushroom Barley	Vegetable
Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Entrees	Pork	Seasme Chicken	Braised Beef	Baked Ham	Stuffed Pepper	Hawaiian Meatballs
	Dijon Salmon	Baked Scallops	Tilapia Piccata	Salmon Cake	Shrimp Roll	Grilled Swordfish
Starch	Mashed Potato	Mashed Sweets	Mashed Potato	Wild Rice Pilaf	Baked Potato	Aloha Sweet Potatoes
	Roasted	Fried Rice	Lemon Pasta	Stuffing	Red Pepper Polenta	Coconut Rice
Vegetables	Trio Medley	Snow Peas &	Yellow Squash	Parsnips	Coleslaw	Stir Fry Veggies
	Corn	Brussel Sprouts	Beets	Butternut Squash	Swiss Chard	Cauliflower
Desserts	Fruit Cobbler	Chocolate Cake	Lemon Cake	Apple Crisp	Carrot Cake	Chocolate Chip Cookie
	Blueberry Pie	Beignets	Blonde Brownie	Boston Cream Pie	Key Lime Pie	Yellow Cupcake

*Gluten Free Entrée V Vegetarian

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-2650 Ext. 136

24 Hr notice is suggested. Highland Green Residents: \$1 delivery fee per address

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Saturday
Cream of Cauliflower
Garden Salad
Lemon Chicken
Pork Tenderloin
Horseradish Potato
Mushroom Risotto
Asparagus
Peas
Red Velvet Cake
Baklava