



# THE HIGHLANDS

A GRACE MGMT COMMUNITY

## Wednesday Dinner Menu

### SOUP

**Fish Chowder**

### ENTREES

**Beef Kofta w/Tzatziki Sauce**

*Lean Ground Beef w/Fresh Herbs, Spices & Garlic w/Yogurt  
Cucumber Garlic Sauce*

**Butter Chicken over Rice**

*Tender chicken simmered in a rich, creamy, spiced tomato-based sauce.*

### SIDES

**Rice  
Carrots**

**Herb Mashed Potato  
Broccoli**

### DESSERTS

**Chocolate Chip Brownie  
Apple Pie**

ICE CREAM

PLEASE ASK YOUR SERVER FOR A FLAVOR SELECTION