



THE HIGHLANDS
A GRACE MGMT COMMUNITY

Good to Go Dinner Menu \$20 (includes soup or salad, entrée, 2 sides and a dessert)

	Brunch	Monday	Tuesday	Wednesday	Thursday	Friday
Soups	Vegetable	Baked Potato	Sausage Lentil	Fish Chowder	Beef Stew	French Onion
Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Entrees	Glazed Meatloaf	Coq Au Vin	Fried Oysters	Beef Kofta	Baked Salmon	Cod Fillet
	Baked Haddock	Pork Tenderloin	Roast Turkey	Butter Chicken	Prime Rib Au Jus	Short Rib Bolognese
Starch	Parsley Rice	Risotto	Roasted Reds	Herb Mashed Pot	Horseradish Mash	Parmesan Rice
	Garlic Herb Mash	Mashed Potato	Stuffing	Rice	Wild Rice Salad	Spag/Marinara
Vegetables	Asparagus	Carrots	Butternut Squash	Carrots	Brussel Sprouts	Spaghetti Squash
	Cauliflower	Green Beans	Spinach	Broccoli	Corn	Peas
Desserts	Maple Br Pudding	Berry Cobbler	Cherry Choc Cake	Brownie	Almond Cake	Cheesecake
	Molasses Cookie	Rice Pudding	Tiramisu	Apple Pie	Beignets	Macadamia Nut Cookie

*Gluten Free Entrée **V** Vegetarian

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-2650 Ext. 1
24 Hr notice is suggested. Highland Green Residents: \$1 delivery fee per address

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Saturday
Split Pea Ham
Garden Salad
Shrimp Scampi
Chicken Piccata
Parmesan Polenta
Lemon Pasta
Chef's Veggie
Zucchini
Blueberry Pie
Angel Food Cake