



# THE HIGHLANDS

A GRACE MGMT COMMUNITY

## Good to Go Dinner Menu \$20 (includes soup or salad, entrée, 2 sides and a dessert)

	Brunch	Monday	Tuesday	Wednesday	Thursday	Friday
Soups	Garden Tomato	Cream of Vegetable	Broccoli Cheese	Chicken Rice	French Onion	Split Pea Ham
Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Entrees	Pork Cutlet/Gravy	Chicken Curry	Beef Bourguignon	Veal Parmesan	Chicken Marbella	Baked Scallops
	Baked Salmon	Flank Steak	Baked Haddock	Shrimp Scampi	Lamb Paprikash	Roast Turkey
Starch	Baked Potato	Herb Mash Potato	Parsley Noodles	Lemon Rice	Lime Cilantro Rice	Stuffing
	Long Grain Rice	Rice	Steamed Reds	Spag/Marinara	Mashed Reds	Baked Potato
Vegetables	Carrots	Brussel Sprouts	Zucchini	Spinach	Acorn Squash	Chef's Steamed Veggie
	Yellow Squash	Peas	Asparagus	Cauliflower	Green Beans	Butternut Squash
Desserts	Bread Pudding	Germ Choc Cake	Fruit Cobbler	Lem Mer Pie	Apple Crisp	Rice Krispy Treat
	Apple Pie	Banana Cream Pie	Pumpkin Pie	Rice Pudding	Beignets	Peach Melba

\*Gluten Free Entrée V Vegetarian

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-2650 Ext. 136

24 Hr notice is suggested. Highland Green Residents: \$1 delivery fee per address

<b>Saturday</b>
<b>Minestrone</b>
<b>Garden Salad</b>
<b>BBQ Beef Brisket</b>
<b>Fried Chicken</b>
<b>Mac n Cheese</b>
<b>Pasta Salad</b>
<b>Broccoli Salad</b>
<b>Corn</b>
<b>Blueberry Pie</b>
<b>Molasses Cookie</b>