



THE HIGHLANDS
A GRACE MGMT COMMUNITY

Week of December 28, 2025

Good to Go Dinner Menu \$20 (includes soup or salad, entrée, 2 sides and a dessert)

	Brunch	Monday	Tuesday	Wednesday	Thursday	Friday
Soups	Chicken Taco	Creamy Carrot	Italian Wedding	Creamy Potato Beef	Cream of Mushroom	Ham and Bean
Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Entrees	Meatloaf/Gravy	Lemon Chicken	Pork Roast/gravy	Chicken Piccata	Duck Breast	Spag/Meatballs
	Seafood Newburg	Shrimp Salad Roll	Shakshouka	Steak Diane	Stuffed Sole	Blackened Salmon
Starch	Mashed Reds	Rice	Baked Potato	Mashed Potato	Lemon Chive Rice	Long Grain Rice
	Long Grain Rice	Roasted Potatoes	Mashed Sweets	Lemon Pasta	Horseradish Pots.	Spag/Marinara
Vegetables	Carrots	Corn	Buttered Squash	Trio Medley	Chef's Veggie	Beets w/Orange Sauce
	Spinach	Broccoli	Braised Cabbage	Parnips	Yellow Squash	Green Beans
Desserts	PB Pie	Cookie	Assorted Desserts	Chocolate Cake	Strawberry Mousse	Yellow Cupcake
	Cinnamon Cake	Lem Mer Pie	Apple Pie	Key Lime Pie	Oreo Cheesecake	Strawberry Parfait

*Gluten Free Entrée V Vegetarian

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-2650 Ext. 136
24 Hr notice is suggested. Highland Green Residents: \$1 delivery fee per address

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Saturday

Chicken Florentine

Garden Salad

Franks and Beans

BBQ Chicken Thigh

Potato Salad

Baked Beans

Coleslaw

Zucchini

Pecan Pie

Brownie