



THE HIGHLANDS

A GRACE MGMT COMMUNITY

Always Available

November 21 – December 18

Turkey B.L.T Sandwich V*

*With Lettuce, Tomato, Bacon, and Mayo
Gluten Free Bread Available*

Loaded Scrambled Eggs V*

Choice of Toast and Side – Gluten Free Bread Available

Burrata Cheese and Kale Salad V*

Tomatoes, Pesto, Red Onions, Balsamic Glaze

Meat lovers Pizza V *

*Sausage, Pepperoni, and Bacon
Gluten Free Crust Available*

***Gluten Free V Vegetarian**

**Fruit
Bacon
Sausage**

**Three Bean salad
Vegetable of the day
Cottage Cheese**