



THE HIGHLANDS

A GRACE MGMT COMMUNITY

Week of November 16, 2025

Good to Go Dinner Menu \$20 (includes soup or salad, entrée, 2 sides and a dessert)

	Brunch	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Soups	Vegetable	Baked Potato	Roasted Red Pepper	Creamy Carrot	Tomato Barley	Fish Chowder	Split Pea Ham
Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Entrees	Glazed Meatloaf	Mushroom Chix	Parm Pork Chop	Sesame Beef	Pasta Bolognese	Cod w/Lemon Sauce	Shakshuka
	Baked Haddock	Pecan Cr. Salmon	Turkey Meatballs	Grilled Shrimp	Pesto Chicken	Chicken Pad Thai	Veal Piccata
Starch	Parsley Rice	Risotto	Mashed Sweets	Mashed Potato	Spag/Marinara	Parmesan Rice	Parmesan Polenta
	Herb Mashed	Mashed Potato	Rice Pilaf	Fried Rice	Baked Potato	Roasted Reds	Lemon Pasta
Vegetables	Cauliflower	Carrots	Harvard Beets	Carrots	Brussel Sprouts	Yellow Squash	Chef's Choice
	Green Beans	Asparagus	Spinach	Broccoli	Corn	Peas	Zucchini
Desserts	Maple Br Pudding	Berry Cobbler	Cherry Choc Cake	Waffle IC Cone	Banana Cr Pie	Cheesecake	Beignets
	Molasses Cookie	Rice Pudding	Tiramisu	Apple Pie	Germ Choc Brownie	Cookie	Angel Food Cake

*Gluten Free Entrée V Vegetarian

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-2650 Ext. 136
24 Hr notice is suggested. Highland Green Residents: \$1 delivery fee per address