



THE HIGHLANDS
A GRACE MGMT COMMUNITY

Week of October 5, 2025

Good to Go Dinner Menu \$20 (includes soup or salad, entrée, 2 sides and a dessert)

	Brunch	Monday	Tuesday	Wednesday	Thursday	Friday
Soups	Hamburger Mac	Butternut Squash	Minestrone	Pasta Fagioli	Beef Chili	Cream of Broccoli
Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Entrees	Baked Ham	Grilled Chicken	Baked Haddock	Shrimp Roll	Stuffed Pepper	Roast Beef
	Stuffed Sole	Herb Lamb Sirloin	Meatballs	Chicken Curry	Baked Salmon	Seafood Newburg
Starch	Mashed Potato	Mashed Potato	Rice Pilaf	Rice	Lemon Chive Rice	Rice
	Rice Pilaf	Mac & Cheese	Spag/Marinara	Baked Potato	Herb Mash Potato	Steamed Reds
Vegetables	Brussel Sprouts	Coleslaw	Spag Squash	Zucchini	Carrots	Yellow Squash
	Corn	Corn on Cob	Broccoli	Peas	Butternut Squash	Green Beans
Desserts	Apple Pie	Choc Caramel Cake	Fruit Cobbler	Beignets	Chocolate Cake	Germ Choc Brownie
	Cookie	Strawberry Shtcke	Blueberry Chcke	Pumpkin Pie	Pecan Pie	Apple Crisp

*Gluten Free Entrée V Vegetarian

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-2650 Ext. 136
24 Hr notice is suggested. Highland Green Residents: \$1 delivery fee per address

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Saturday
Vegetable Rice
Garden Salad
Franks & Beans
BBQ Pork Ribs
Baked Beans
Mashed Sweets
Corn
Coleslaw
Key Lime Pie
Rice Krispy