



THE HIGHLANDS

A GRACE MGMT COMMUNITY

Week of September 14, 2025

Good to Go Dinner Menu \$20 (includes soup or salad, entrée, 2 sides and a dessert)

	Brunch	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Soups	Vegetable Barley	Pork Stew	Creamy Carrot	Cajun Corn Chowder	Chicken Noodle	Baked Potato	Butternut Squash
Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Entrees	Haddock	Sundried T Chix	Shrimp Scampi	Lemon Baked Sole	Roast Beef Au Jus	Lasagna	Brats n Kraut
	Roast Turkey	Baked Salmon	Corned Beef Brisket	Peachy Pork Chop	Seafood Augratin	Hawaiian Chix Kabob	Grilled Chicken
Starch	Stuffing	Parmesan Polenta	Pasta	Lemon Pasta	Herb Quinoa	Potato Pancakes	Baked Beans
	Lemon Chive Rice	Mashed Sweets	Baked Potato	Rice Pilaf	Mashed Potato	Fried Rice	Baked Potato
Vegetables	Carrots	Broccoli	Brussel Sprouts	Spinach	Carrots	Yellow Squash	Coleslaw
	Yellow Squash	Red Cabbage	Rutabaga	Asparagus	Zucchini	Green Beans	Corn on Cob
Desserts	Lemon Cake	Brownie	Pecan Pie	Bread Pudding	Blueberry Pie	Key Lime Pie	Chocolate Cake
	Beignets	Boston Cream Pie	Berry Parfait	Chocolate Cream Pie	Carrot Cake	Cookie	Grapenut Custard

*Gluten Free Entrée V Vegetarian

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-2650 Ext. 136
24 Hr notice is suggested. Highland Green Residents: \$1 delivery fee per address