



THE HIGHLANDS
A GRACE MGMT COMMUNITY

Week of August 3, 2025

Good to Go Dinner Menu \$20 (includes soup or salad, entrée, 2 sides and a dessert)

	Brunch	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Soups	Cream of Broccoli	Split Pea Ham	Sausage Corn Chowder	Tomato	Turkey Rice	Italian Vegetable	French Onion
Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Entrees	Baked Ham	Parmesan Chix	Stuffed Pepper	Fried Shrimp	Pork Roast/Gravy	Baked Dijon Salmon	Chicken Marsala
	Mussels	Beef Pot Roast	Baked Haddock	Peppercorn Steak	Lemon Chicken	Veal Scallopini	Beef Ragout
Starch	Mashed Potato	Mashed Potato	Mashed Sweets	Herb Mashed Potato	Cheesy Mash	German Pot Salad	Mashed Potato
	Rice Pilaf	Baked Potato	Rice	Potato Pancakes	Lemon Pesto Rice	Parmesan Orzo	Pasta
Vegetables	Butternut Squash	Brussel Sprouts	Harvard Beets	Coleslaw	Corn on Cob	Broccoli	Veg Medley
	Green Beans	Carrots	Broccoli	Asparagus	Butternut Squash	Zucchini	Peas
Desserts	Carrot Cake	M&M Cookie	Marble Cake	Blueberry Parf	Strawberry Shortcke	Pumpkin Pie	Fruit Cobbler
	Choc Cream Pie	Apple Crisp	Banana Cr Pie	Choc Cupcake	CC Brownie	Cookie	Peach Melba
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*Gluten Free Entrée V Vegetarian

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-2650 Ext. 136
24 Hr notice is suggested. Highland Green Residents: \$1 delivery fee per address