



# THE HIGHLANDS

A GRACE MGMT COMMUNITY

## Week of April 13, 2025

### Good to Go Dinner Menu \$20 (includes soup or salad, entrée, 2 sides and a dessert)

	Sunday Brunch	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Soups	Vegetable	Basil Tomato	Beef Barley	Pasta Fagioli	Hamburger Macaroni	Cream of Asparagus	Black Bean Chili
Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Entrees	Pot Roast	Country FR Steak	Baked Haddock	Cheese Ravioli	Bread Crumb Pork	Butter Chicken	Fried Chicken
	Baked Salmon	Baked Scallops	Rosemary Chicken	Lasagna	Turkey/Gravy	Mediterranean Shrimp	BBQ Beef Brisket
Starch	Mashed Potato	Mashed Potato	Rice Pilaf	Roasted Potatoes	Stuffing	Steamed Potatoes	Baked Sweet Pot.
	Rice Pilaf	Quinoa	Mashed Sweets	Baked Potato	Mashed Potato	Rice	Baked Beans
Vegetables	Carrots	Corn O'Brien	Yellow Squash	Peas	Carrots	Spinach	Asian Coleslaw
	Brussel Sprouts	Chef's Choice	Broccoli	Asparagus	Butternut Squash	Green Beans	Corn on Cob
Desserts	Apple Pie	Maple Bread Pudd	Fruit Cobbler	Blueberry Cake	Chocolate Cake	German Choc Brownie	Key Lime Pie
	Cookie	Cookie	Blueberry Checke	Carrot Cake	Pecan Pie	Apple Crisp	Rice Krispy Treat

\*Gluten Free Entrée V Vegetarian

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-2650 Ext. 136

24 Hr notice is suggested. Highland Green Residents: \$1 delivery fee per address