



THE HIGHLANDS
A GRACE MGMT COMMUNITY

Week of February 2, 2025

Good to Go Dinner Menu \$20 (includes soup or salad, entrée, 2 sides and a dessert)

	Sunday Brunch	Monday	Tuesday	Wednesday	Thursday	Friday
Soups	Split Pea Ham	Vegetable	Basil Tomato	Corn Chowder	Cream of Cauliflower	Chicken Rice
Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Entrees	Haddock	BBQ Pork Ribs	Chicken Marsala	Burgundy Pork Roast	Roast Turkey	Peppercorn Pork
	Sundried Tom Chix	Shrimp Scampi	Garlic Mussels	Swordfish	Beef Patty	Stuffed Pepper
Starch	Mashed Potato	Mashed Sweets	Rice	Rice Pilaf	Stuffing	Baked Potato
	Rice Pilaf	Spaghetti	Parmesan Pasta	Mashed Potato	Mashed Potato	Parmesan Polenta
Vegetables	Carrots	Spinach	Brussel Sprouts	Cauliflower	Butternut Squash	Peas & Onions
	Chef's Choice	Corn	Zucchini	Asparagus	Green Beans	Turnips
Desserts	Blueberry Pie	Choc Caramel Cake	Oreo Custard	Lemon Cake	Pumpkin Pie	Chocolate Cheesecake
	Str Shortcake	Lemon Cupcake	STR. Rhubarb Pie	Pecan Pie	Apple Crisp	Berry Buckle

*Gluten Free Entrée V Vegetarian

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-2650 Ext. 136
24 Hr notice is suggested. Highland Green Residents: \$1 delivery fee per address

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Saturday
Chili
Garden Salad
Seafood Newburg
Beef & Broccoli
Mashed Potato
Rice
Stir Fry Veggies
Bok Choy
Peach Cobbler
Cinnamon Roll