



# THE HIGHLANDS

A GRACE MGMT COMMUNITY

## Week of January 5, 2025

### Good to Go Dinner Menu \$20 (includes soup or salad, entrée, 2 sides and a dessert)

	Sunday Brunch	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Soups	Vegetable	Cream of Mushroom	French Onion	Garden Tomato	Turkey Vegetable	Pasta Fagioli	Cream of Vegetable
Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Entrees	Beef Pot Roast	Chicken Marbella	Parmesan Pork Ch	Baked Salmon	Chicken & Waffles	Tilapia Provencal	Chicken Parmesan
	Coconut Shrimp	Lemon Haddock	Chop Suey	Asian Pork Tacos	Shrimp Alfredo	Butternut Ravioli	Cheese Tortellini
Starch	Mashed Potato	Rice	Stuffing	Creamy Risotto	Mash/Gravy	Lemon Rice	Spag/Marinara
	Roasted Pots	Mashed Sweets	Baked Potato	Mashed Potato	Baked Potato	Parmesan Polenta	Potato Pancakes
Vegetables	Carrots	Spinach	Baked Squash	Trio Medley	Cole Slaw	Swiss Chard	Cauliflower
	Chef's Choice	Green Beans	Broccoli	Corn	Beets	Zucchini	Asparagus
Desserts	Apple Pie	Fruit Cobbler	Banana Cr Pie	Germ Choc Brownie	Moose Tracks	CC Bread Pudding	Beignets
	Carrot Cake	Str Shortcake	Cheesecake w/Fr	Blueberry Pie	Chocolate Cake	Oreo Delight	Choc Cream Pie

\*Gluten Free Entrée V Vegetarian

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-2650 Ext. 136

24 Hr notice is suggested. Highland Green Residents: \$1 delivery fee per address