



THE HIGHLANDS

A GRACE MGMT COMMUNITY

All Day Dining

November 22 – December 19

B.L.T Sandwich with Avocado *V

Choice of White, Wheat, or Rye

Two Eggs on Toast *V

Choice of Toast and Side

Roasted Buttercup Squash Salad *V

With Arugula, Goat Cheese, and Blood Orange Vinaigrette

Grilled Chicken Caprese *

*With Fresh Mozzarella, Tomato, and Basil Pesto
(Tofu Available)*

***Gluten Free** **V Vegetarian**

Fruit

Bacon

Sausage

Cottage Cheese

Vegetable of the day

French Fries