



THE HIGHLANDS

A GRACE MGMT COMMUNITY

The Highlands - Main

ADD

American Hamburger

Choice of American, Swiss or Provolone w/Lettuce, Tomato, Onion. Mustard, Ketchup, Relish, Mayo upon request

Classic Wedge Salad

Iceberg Lettuce, Crumbled Bacon, Tomatoes, Bleu Cheese Crumble & Drizzle

Cheesy Scrambled Eggs

*Your Choice of Bacon, Sausage, Veggie
Sausage with Choice of Toast*

Pita Pizza

Choice of Pepperoni or Cheese

Sides

Vegetable of the Day

Cottage Cheese 

Three Bean Salad 

Bacon

Tater Tots

Fresh Fruit 

 good source of fiber

 15 g carbohydrate or less per serving

 reduced sodium 250 mg or less