



THE HIGHLANDS

A GRACE MGMT COMMUNITY

Week of October 27, 2024

Good to Go Dinner Menu \$20 (includes soup or salad, entrée, 2 sides and a dessert)

	Sunday Brunch	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Soups	Vegetable	Cream of Mushroom	French Onion	Bean Bacon	Fish Chowder	Pasta Fagioli	Cream of Vegetable
Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Entrees	Salmon Cakes	Chicken Marbella	Apple Pork Chop	Salisbury Steak	BBQ Ribs	Tilapia Provencal	Chicken Marsala
	Meatloaf	Baked Haddock	Chop Suey	Seafood Newburg	Shrimp Alfredo	Beef Stew	Tortellini/Cr Sauce
Starch	Roasted Pots.	Rice	Stuffing	Risotto	Mash/Gravy	Lemon Rice	Rice Pilaf
	Mashed Pot.	Mashed Sweets	Baked Potato	Mashed Potato	Baked Potato	Parmesan Polenta	Potato Pancakes
Vegetables	Carrots	Spinach	Baked Squash	Trio Medley	Cole Slaw	Swiss Chard	Cauliflower
	Chef's Choice	Green Beans	Broccoli	Corn	Beets	Zucchini	Asparagus
Desserts	Pumpkin Pie	Fruit Cobbler	Banana Cake	German Choc Brow.	Moose Tracks IC	CC Bread Pudding	Spice Cake
	Carrot Cake	Str. Shortcake	Cheesecake	Apple Pie	Chocolate Pudd	Caramel Apple	Ice Cream

*Gluten Free Entrée V Vegetarian

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-2650 Ext. 136

24 Hr notice is suggested. Highland Green Residents: \$1 delivery fee per address