



THE HIGHLANDS

A GRACE MGMT COMMUNITY

Week of September 29, 2024

Good to Go Dinner Menu \$20 (includes soup or salad, entrée, 2 sides and a dessert)

	Sunday Brunch	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Soups	Corn Chowder	Vegetable Rice	Creamy Carrot	Ham Potato Cabb	Italian Wedding	Tomato Florentine	Minestrone
Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Entrees	Meatloaf/Grav	Chicken Piccata	SW Meatballs	Roasted Pork	Beef Brcc Stir Fry	Stuffed Sole	Pork Tenderloin
	Fried Haddock	Shrimp Roll	Cod Peperonata	Mushroom Bol.	Adobo Chix	Turkey Roast/Stuf	BBQ Chix Thigh
Starch	French Fries	Macaroni Salad	Parm Polenta	Mashed Sweets	Rice	Mashed Potato	Baked Beans
	Mashed Pot.	Pasta	Spanish Rice	Spag/Marinara	Cheesy Mash	Rice	Pasta Salad
Vegetables	Asparagus	Spinach	Summer Squash	Chef's Veggie	Peas	Parsnips	Brussel Sprouts
	Corn on Cob	Pickled Beets	Broccoli	Cauliflower	Carrots	Zucchini	Cole Slaw
Desserts	Choc Cake	Peach Cobbler	Banana Cake	Rice Pudding	Choc Cr Pie	Cheesecake	Key Lime Pie
	Apple Pie	CC Bread Pudd	Strawberry Pie	Lem Mer Pie	Lemon Pudding	Pecan Pie	Cookie

*Gluten Free Entrée V Vegetarian

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-2650 Ext. 136

24 Hr notice is suggested. Highland Green Residents: \$1 delivery fee per address