



THE HIGHLANDS
A GRACE MGMT COMMUNITY
Week of April 21, 2024

Good to Go Dinner Menu \$20 (includes soup or salad, entrée, 2 sides and a dessert)

	Sunday Brunch	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Soups	Basil Tomato	Chicken Vegetable	Seafood Chowder	Cream of Vegetable	Creamy Mushroom	Lentil	Minestrone
Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Entrees	Panko Salmon	Chicken Marsala	Beef & Brocc.	Turkey	Baked Ham	Meatballs/Mar.	Lemon Chix
	Shepherd's Pie	Shrimp Scampi	Teriyaki Chix	Pork Chop	Tarragon Chix	Baked Haddock	BBQ Beef Brisket
Starch	Rice Pilaf	Pasta	Rice	Stuffing	Parm Polenta	Spag/Marinara	Roasted Pots.
	Baked Potato	Mashed Potato	Cheesy Mash	Mashed Potato	Baked Potato	Couscous	Baked Beans
Vegetables	Carrots	Brussel Sprouts	Braised Cabb.	Green Beans	Rutabagas	Stir Fry Veggies	Asparagus
	Asparagus	Zucchini	Yellow Squash	Parsnips	Broccolini	Spinach	Cole Slaw
Desserts	Pecan Pie	Choc. Cake	Coc Cream Pie	Cherry Pie	Brownie	Pineapple Cake	Cookie
	Berry Crisp	Pumpkin Pie	Lemon Cake	Apple Cobbler	Str. Cheesecake	Blueberry Pie	Angel Food Cake

*Gluten Free Entrée V Vegetarian

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-2650 Ext. 136
24 Hr notice is suggested. Highland Green Residents: \$1 delivery fee per address