



THE HIGHLANDS

A GRACE MGMT COMMUNITY

Week of November 19, 2023

Good to Go Dinner Menu \$20 (includes soup or salad, entrée, 2 sides and a dessert)

	Sunday Brunch	Monday	Tuesday	Wednesday	Brunch	Friday	Saturday
Soups	Chicken Vegetable	Pork Stew	Cream of Cauliflower	Ham and Potato	Sweet Potato	Turkey Noodle	French Onion
Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Entrees	Shepherd's Pie	Teriyaki Chix	Autumn Salmon	Pot Roast	Roast Turkey	Veal Parmesan	Cheese Raviloi
	Spag/Meatbalz	Fried Shrimp	Pot Roast	Chicken Alfredo	Seafood Sole	Baked Tilapia	Franks & Beans
Starch	Spaghetti	Rice	Cheesy Mash	Scalloped Pots	Stuffing	Rice	Mashed Potato
	Baked Potato	Roasted Pots	Rice Pilaf	Mashed Potato	Mashed Potato	Spag/Marinara	Baked Beans
Vegetables	Yellow Squash	Broccoli	Peas & Onions	Rutabagas	GB Casserole	Chef's Choice	Parsnips
	Brussel Sprouts	Carrots	Beets	Zucchini	Butternut Squash	Corn	Peas
Desserts	Carrot Cake	Choc Pudd Pie	Lem Mer Pie	Apple Cobbler	Pumpkin Pie	Chocolate Cake	Cherry Pie
	Banana Pudd	Cheesecake	Brownie	Rice Pudding	Apple Pie	Bread Pudding	PB Pie

*Gluten Free Entrée V Vegetarian

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-4407 Ext. 136

24 Hr notice is suggested. Highland Green Residents: \$1 delivery fee per address