



## Weekly Highlights for January 28 – February 4, 2012

### Saturday

**Saturday at the Movies: “Jane Eyre” 2011 (PG-13) Starring: Mia Wasikowska, Michael Fassbender, Judi Dench.** Driven from her post at Thornfield House by her love for her brooding employer and his secret past, young governess Jane Eyre reflects on her youth and the events that led her to the misty moors in this artful adaptation of Charlotte Brontë's novel.

### Sunday

**1:15p** Transportation to Portland Symphony Orchestra  
**6:00p** Sunday Night Movie “Unknown” (Rated PG-13); Media Room

### Monday

**3:30p** Bingo; Cadigan Lodge

### Tuesday

**2:00p** Tuesday at Two: Sea to Shining Sea, Part II with Michael Perry; Maine Lodge Media Room

### Wednesday

**11:30a** Transportation to Winter Wisdom at Curtis Library (FMI see page 4)  
**1:00p** Bingo; Media Room  
**2:30p** Wii Bowling; Media Room

### Thursday

**9:00a** Transportation to Bow Street Market in Freeport  
**6:00p** Transportation to Portland Ovations production of “CiRCA”

### Friday

**11:00a** Transportation to Lunch at Marco’s in Lewiston  
**3:30p-4:30p** Irma Russell Celebration of Life; Maine Lodge Living Room  
**6:30p** Transportation to Safe Passage Fundraiser featuring Catie Curtis at Bowdoin

## Saturday, January 28

- 9:30a Exercise Video; Media Room
- 9:30a Continental Breakfast; 2nd Floor Activity Room
- 10:00a Ping Pong; Gym
- 10:30a Walk & Talk Group; Meet in Maine Lodge Lobby
- 2:00p Movie: "Jane Eyre" (PG-13); Media Room
- 7:30p Saturday Night Poker; 2nd Floor Activity Room

**JANE EYRE**



## Sunday, January 29

- 9:20a Transportation to St. Paul's, United Baptist, First Parish, Mid Coast Presbyterian & St. Charles Borromeo Churches
- 10:00a Catholic Communion Service; Apt #207 Maine Lodge
- 10:30a Walk & Talk Group; Meet in Maine Lodge Lobby
- 1:15p Transportation to Portland Symphony Orchestra
- 2:00p Knitting Group; Maine Lodge Living Room
- 4:00p Vespers; Maine Lodge Living Room
- 6:00p Sunday Night Movie "Unknown" (Rated PG-13); Media Room

~ VESPERS ~

*Henry & Hilde Bird  
Everyone welcome!*

## Monday, January 30

- 9:00a Aqua-x; Gym
- 9:00a Transportation to Bath Shopping (Cooks Corner next week)
- 9:30a Exercise Video; Media Room
- 9:30a Continental Breakfast; 2nd Floor Activity Room
- 10:00a Tai-Chi; Gym
- 10-11:30a & 1-3p Open Swim; Gym
- 10-10:30a Blood Pressure Screening; GK Dining Room
- 10:30a Walk & Talk Group; Meet in Maine Lodge Lobby
- 1:00p Cribbage; 2nd Floor Activity Room
- 3:30p Bingo; Cadigan Lodge
- 7:30p Monday Night Poker; 2nd Floor Activity Room

Welcome to The Highlands!

Carolyn Smith

116 Maine Lodge

~~~~~



Elsa Martz

5 Cobb Lane

## Tuesday, January 31

- 9a & 10a Body Sculpting; Gym
- 9-11:30a & 1-3p Open Swim; Gym
- 9a & 10:15a Transportation to Topsham Fair Mall
- 9:30a Exercise Video; Media Room
- 9:30a Continental Breakfast; 2nd Floor Activity Room
- 10:00a Learn to Speak Italian (must be registered to attend.; 3rd Floor Craft Room)
- 10:30a Walk & Talk Group; Meet in ML Lobby
- 2:00p Tuesday at Two: Slideshow: Sea to Shining Sea, Part II with Michael Perry; Maine Lodge Media Room
- 3:15p Jaunt Around Town; Meet in ML Lobby



The office of Boucher, Perkins, Campbell & Pardis will be available every Wednesday beginning February 1st from 1:15p-3:30p in the Bath Savings office at The Highlands for Tax assistance. Walk-ins are welcome, appointments are preferred. Call 725-4327 to schedule your appointment.

## Wednesday, February 1

- 8:30a Mid Coast Hospital Lab Technician; 2nd Floor Activity Room  
9-9:45a Beginner Aqua-Aerobics  
9-11a Bath Savings Bank Open  
9:30a Continental Breakfast; 2nd Floor Activity Room  
10-11:30a & 1-3p Open Swim; Gym  
10:00a Yoga; Gym  
10:00a Chair Connection Fitness Class; Media Rm.  
10:30a Walk & Talk Group; Meet in ML Lobby  
11a-12n BP Screening & Consult Time; 3rd Floor Craft Rm  
11:30a Transportation to Winter Wisdom (FMI see pg 4)  
1:00p Bingo; Media Room  
1:15p-3:30p Tax Assistance (call 725-4327 for appointment); Bath Savings Office  
2:00p Grief Support Group; Cadigan Lodge Private Dining Room  
2:30p Wii Bowling; Media Room

The Family of Irma Russell invites you to a Celebration of Life Social on Friday, February 3rd in the Maine Lodge Living Room. You are welcome to stop by anytime between the hours of 3:30p-4:30p. Light Refreshments will be served .

## Thursday, February 2

- 9 & 10a Body Sculpting; Gym  
9:00a Duplicate Bridge; HFH Ballroom  
9:00a Transportation to Bow Street Market in Freeport  
9-11:30a & 1-3p Open Swim; Gym  
9:30a Continental Breakfast; 2nd Floor Activity Room  
10:00a "The Dawn Patrol" Aviation DVD with Bud Simpson; Media Room  
10:30a Walk & Talk Group; Meet in Maine Lodge Lobby  
11:30a Weight Watchers; 3rd Floor Craft Room  
1:30p Jaunt Around Town; Meet in the Maine Lodge Lobby  
6:00p Transportation to Portland Ovations production of "CiRCA"  
7:30p Thursday Night Poker & Game Night; 2nd Floor Activity Room

### *In Loving Memory*

Irma Russell ~ 219 Maine Lodge  
Wheeler Johnson  
6 Reed Street



## Friday, February 3

### *The Lunch Bunch Heads To...*

- 9:00a Aqua-Aerobics; Gym  
9:00a Transportation to Maine Street Brunswick  
9:30a Donut Social; 2nd Floor Activity Room  
9:30a Art Class (must have registered to attend); 3rd Floor Craft Room  
10:00a Chair Connection Class; Media Room  
10-11a & 1-3p Open Swim; Gym  
10a-10:30a Blood Pressure Screening; GK Dining Room  
10:30a Walk & Talk Group; Meet in Maine Lodge Lobby  
11:00a Transportation to Lunch at Marco's in Lewiston  
1:00p Bridge; Media Room  
3:30p-4:30p Irma Russell Celebration of Life; Maine Lodge Living Room  
6:30p Transportation to Safe Passage Fundraiser featuring Catie Curtis at Bowdoin



## Saturday, February 4

- 9:30a Exercise Video; Media Room  
10:00a Ping Pong; Gym  
10:30a Walk & Talk Group; Meet in Maine Lodge Lobby  
2:00p Saturday at the Movies; Media Room  
6:45p Transportation to Bowdoin Concert featuring George Lopez and Eva Gruesser

How may we help you? Give Resident Services a call at 725-2650. We are on the web at [www.highlandsrc.com](http://www.highlandsrc.com) where you can access The Highlighter and Dinner Menus

### NEW BOOKS

The following books were purchased through a donation made in memory of Dan Mast and can be found on the New Books shelf:

- Micro: A Novel by Michael Crichton
- Shock Wave by John Sanford
- The Drop by Michael Connelly
- Locked On by Tom Clancy
- The Litigators by John Grisham
- The Ares Decision by Robert Ludlum
- Red Mist by Patricia Cornwell
- Death Benefit by Robin Cook
- The Hunter by John Lescroart
- Down the Darkest Road by Tami Hoag
- Private: #1 Suspect by James Patterson
- The Devil's Elixir by Raymond Khoury
- Believing the Lie by Elizabeth George

### Winter Wisdom February 1

#### The Development of the Modern Piano

The late Baroque period (1750-1775) saw the development of the fortepiano. The fortepiano was the instrument for which Haydn, Mozart, and the early Beethoven wrote their piano music. This presentation will highlight both the technical development and social history of the instrument into what we now call the modern grand piano. Christopher Fuchs is a graduate of the North Bennett Street Industrial School in Boston. He has extensive experience in constructing, restoring, and preparing stringed keyboard instruments (harpsichords and pianos) for performance and recording at venues such as Mostly Mozart programs at Lincoln Center and Mozart Week concerts in Salzburg, Austria.

### COMING EVENTS

*(all dates and programs subject to change)*

- Feb 5: Super Bowl XLVI Party - Go Pats!!
- Feb 7: Men's Breakfast with Special Guest Lisa Pohlmann from the Natural Resources Council of Maine
- Feb 8: Transportation to Winter Wisdom "Longfellow Days—What's Love Got to Do With It?"
- Feb 9: Transportation to Lunch at Region 10 Café
- Feb 9: Back By Popular Demand! Monhegan and Maine's other Un-Bridged Islands with Estates Resident Dr. Nick Nelson
- Feb 10: Transportation to Bowdoin for Bach Concertos for Two, Three, or Four Harpsichords
- Feb 13: Presentation by Highlands Resident Barbara Hero on her "Adventures" in Asia (more info to follow)
- Feb 14: Transportation to Portland Symphony Orchestra
- Feb 15: Community Poetry Reading
- Feb 15: Transportation to Winter Wisdom "The DaPonte String Quartet—Sonata Allegro Form: Boy Meets Girl"
- Feb 16: Transportation to Trader Joes and Whole Foods in Portland
- Feb 16: Transportation to *Mystery Dinner* with Harold
- Feb 23: Transportation to Lunch at Region 10 Café

#### Upcoming "Tuesday at 2" Special Guests

- Feb 7: Larry "Flash" Allen
- Feb 14: Singin' Tommy

Transportation departs at 6:30pm on Friday, February 3rd for the Safe Passage benefit concert at Bowdoin College. Performance by singer/song writer Catie Curtis ([www.catiecurtis.com](http://www.catiecurtis.com)). Tickets are \$20 and can be purchased at Bull Moose in Brunswick or online [www.safepassage.org/concert](http://www.safepassage.org/concert).