

The Highlands, a Maine community with home and lifestyle choices, provides freedom, personal growth and peace-of-mind... an extraordinary place to live and thrive.

Included Services

- Wellness Programs
- Scheduled Interior and Exterior Maintenance
- Bi-Weekly Housekeeping Services
- Groundskeeping
- Trash Removal and Recycling Services
- Snow Removal
- Scheduled Transportation
- Optional Cultural, Educational, Social and Recreational Opportunities
- Water and Sewer
- Real Estate Taxes
- Casualty and Liability Insurance
- Ground Lease Payments and Debt Service
- Continental Breakfast
- Optional Health Care Advocacy by Wellness Director
- Priority Access to Assisted Living at The Highlands
- Access to Long-term Care Specialist

Amenities

- Wired for Telephone, Cable TV and Internet
- Emergency Call System
- Appliance Kitchens
- Smoke Detectors and Sprinkler System
- Individual Climate Controls
- Indoor Heated Swimming Pool
- Fitness Center
- Library
- Genealogy Research Room
- Billiards Room
- Multi-purpose Gathering Rooms
- Formal Dining Room
- Personal Banking and ATM
- Appliance Kitchens
- Putting Green
- Nature Trails and Preserve with Ecology Center
- Scottish-style Golf Course

Optional Services at Additional Fee

- Award-winning Chef-prepared Meals
- Personal Training
- Guest Accommodations
- Additional Housekeeping
- Catering Services
- Salon
- Personal Transportation
- Fax and Copy Service
- Concierge Services

The Estates Aspen



THE ESTATES
THE HIGHLANDS
A Lifestyle of Choice

30 Governors Way, Topsham, ME 04086 • www.highlandsrc.com
(207) 725-2650 • Toll-Free (888) 760-1042

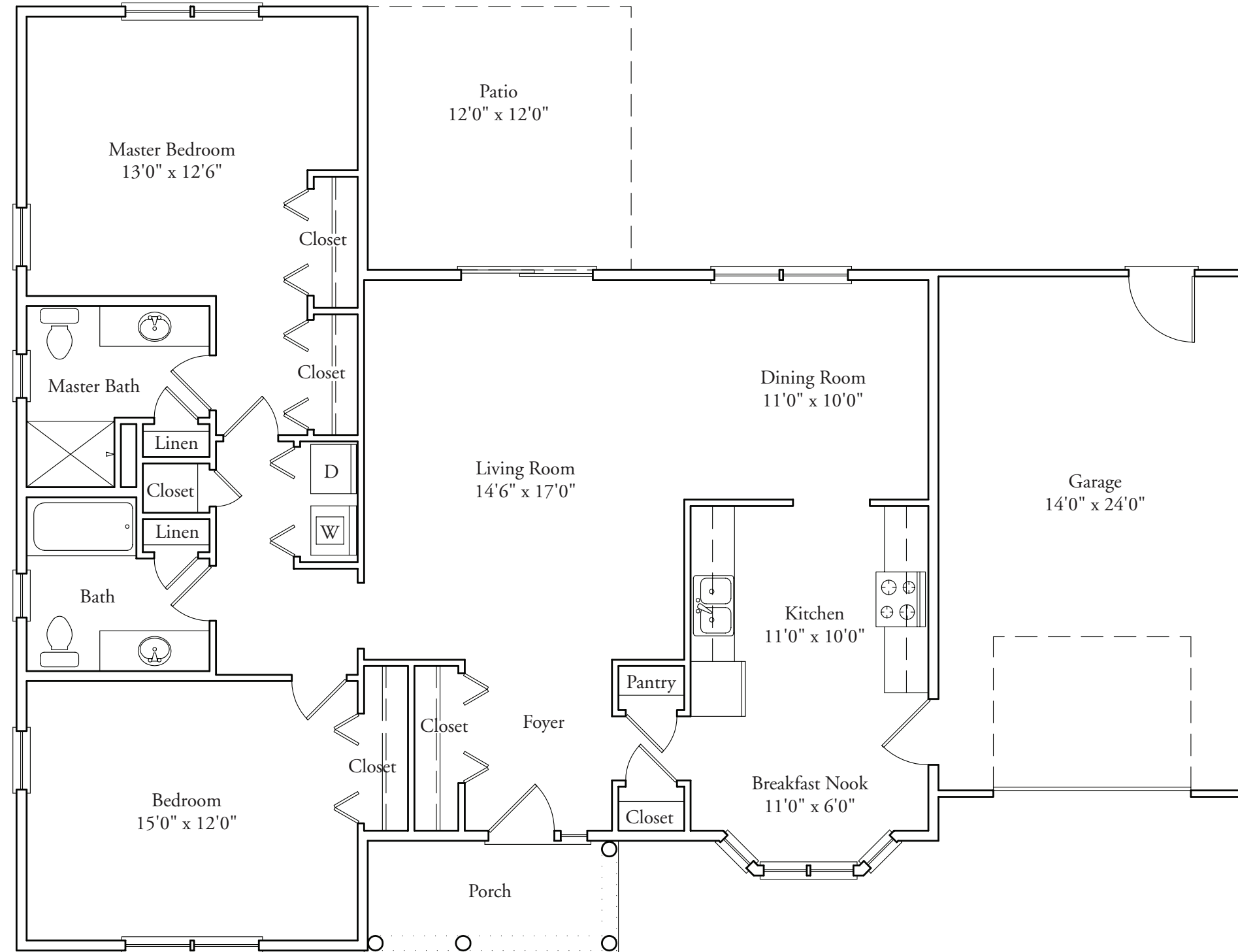


THE ESTATES
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Floorplan



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Square Footage: 1,370 sq ft.

Actual floor plan, dimensions and custom features may vary.

Aspen

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The Estates Balsam



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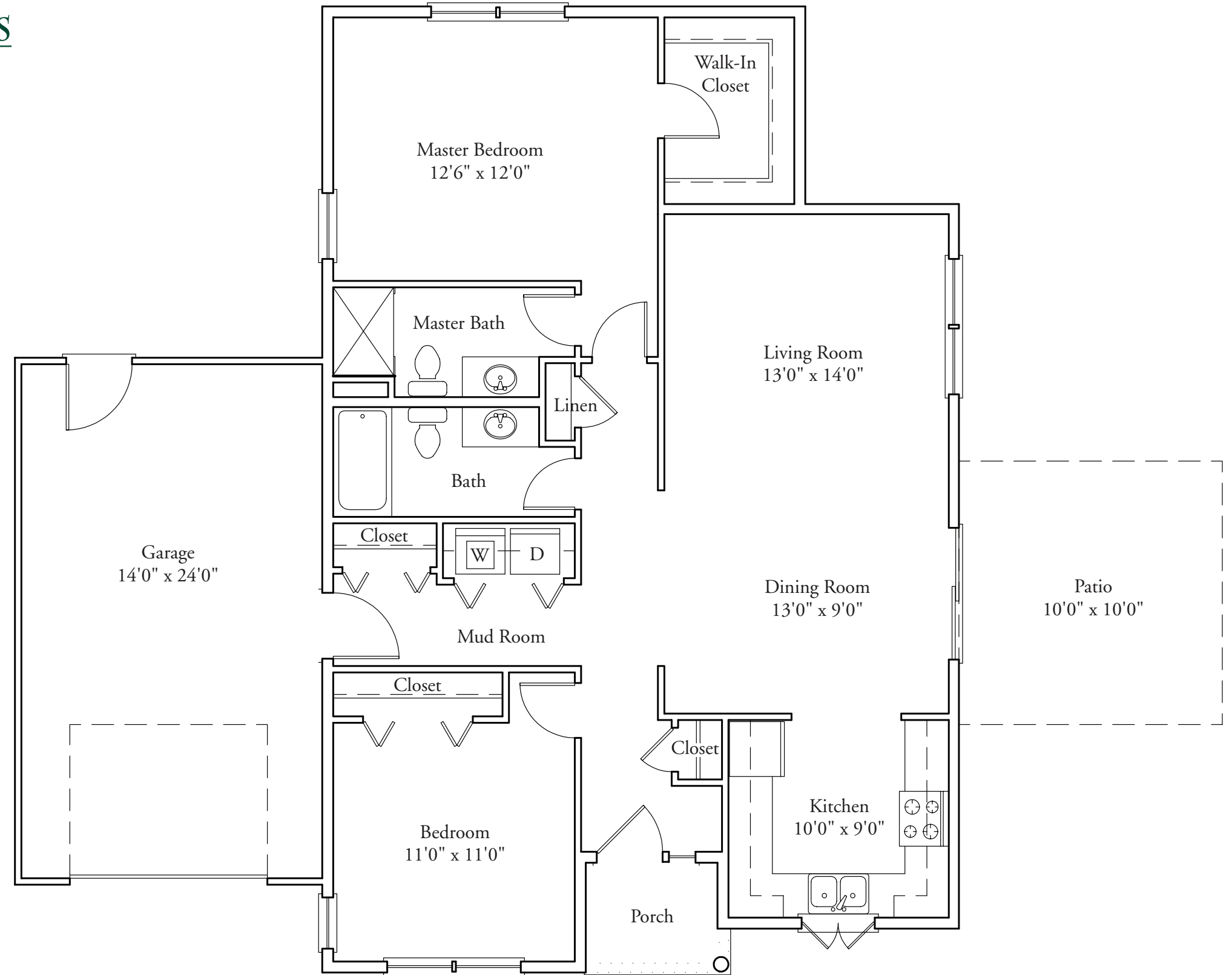


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Floorplan



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Square Footage: 1,161 sq. ft.

Actual floor plan, dimensions and custom features may vary.

Balsam

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Optional Services at Additional Fee

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The Estates Chestnut



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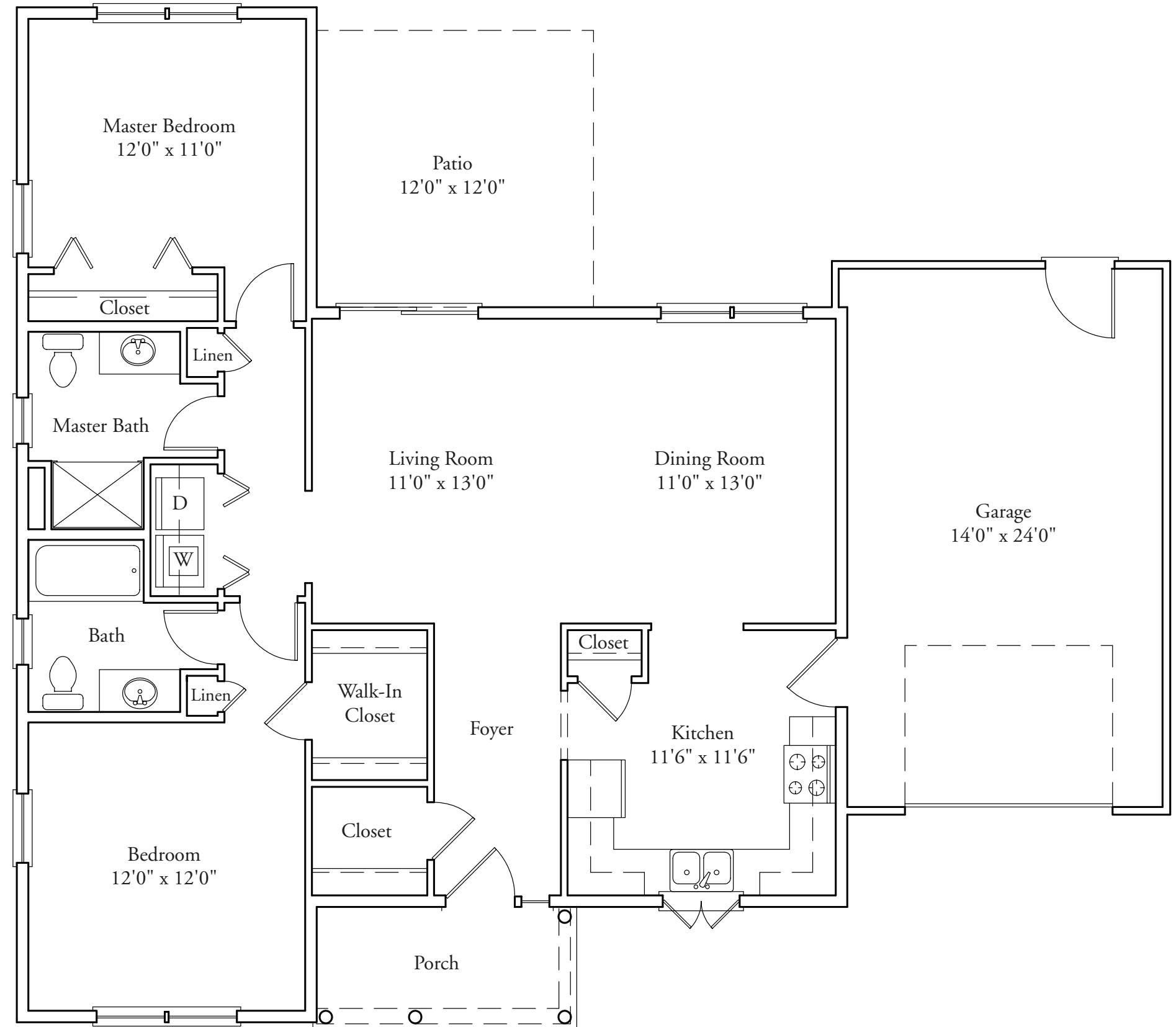


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Floorplan



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Square Footage: 1,165 sq. ft.

Actual floor plan, dimensions and custom features may vary.

Chestnut

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The Estates Dogwood



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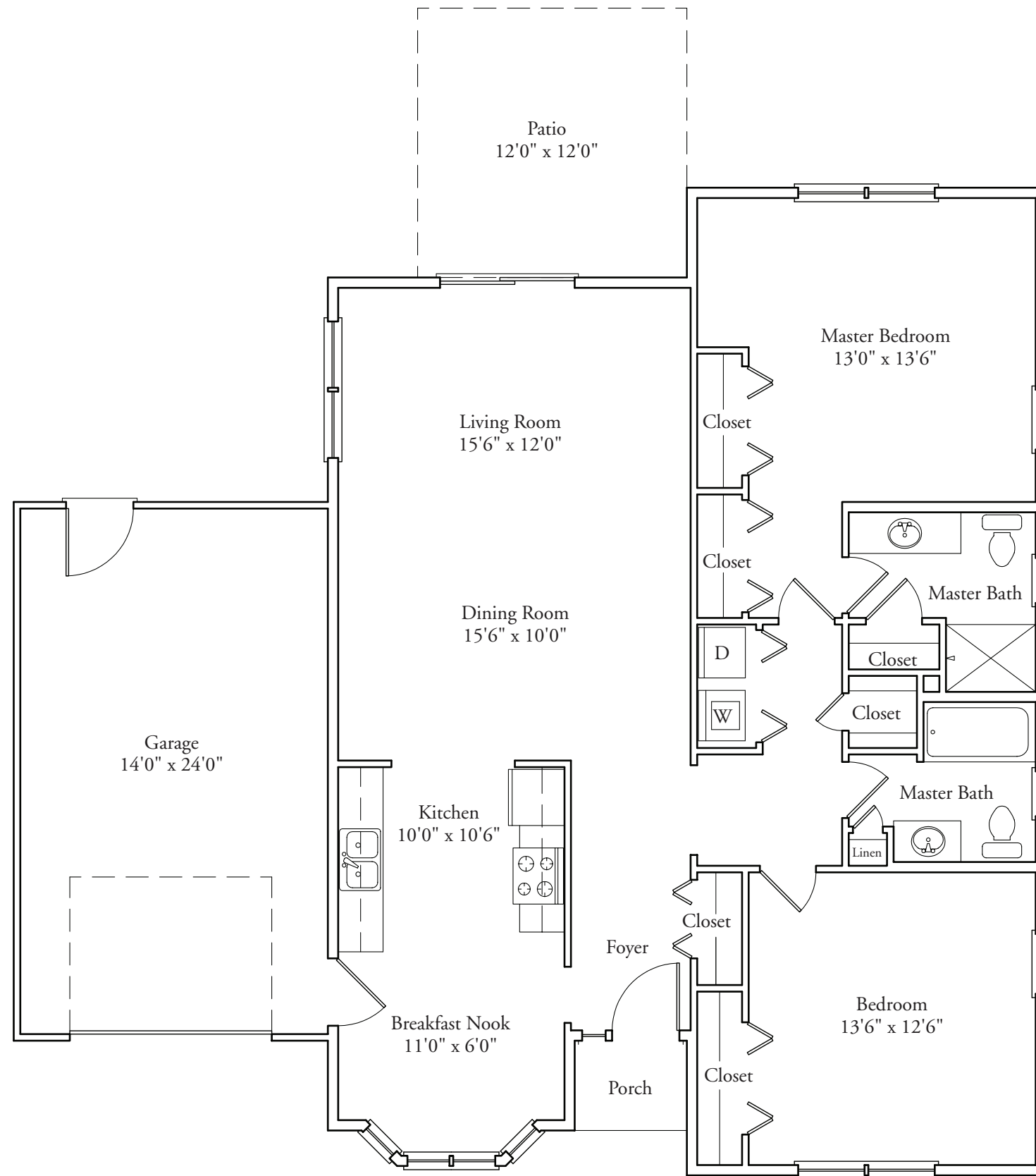


THE ESTATES
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Floorplan



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Square Footage: 1,293 sq. ft.

Actual floor plan, dimensions and custom features may vary.

Dogwood