



THE HIGHLANDS
A GRACE MGMT COMMUNITY
Week of April 28, 2024

Good to Go Dinner Menu \$20 (includes soup or salad, entrée, 2 sides and a dessert)

	Sunday Brunch	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Soups	Red Pepper	French Onion	Sausage White Bean	Corn Chowder	Pork Stew	Split Pea	Vegetarian Chili
Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Entrees	Seafood Sole	C. Fried Steak	Beef Braciolo	Veg. Chow Mein	Salisbury Steak	BBQ Chix Quarter	Crab Cakes
	Pork Tenderloin	Mussels	Cod Putanesca	Apricot Meatloaf	Seafood Newburg	Pork Ribs	BBQ Pork Pizza
Starch	Rice	Pasta	Spag/Marinara	Parsley Potatoes	Rice	Baked Beans	Lemon Rice
	Mash Potato	Mashed Potato	Parm Polenta	Mashed Potato	Baked Potato	Potato Salad	Mashed Sweets
Vegetables	Carrots	Peas & Onions	Brussel Sprout	Spinach	Green Beans	Zucchini	Corn on Cob
	Turnips	Chef's Choice	Yellow Squash	Broccoli	Corn	Cole Slaw	Asparagus
Desserts	Lem Mer Pie	Lemon Pudding	Lemon Panna C	Key Lime Pie	Brownie	Berry Crisp	Choc PB Cake
	Carrot Cake	Cookie	Tiramisu	Bread Pudding	Coc Cream Pie	Apple Pie	Pineapple Parf

*Gluten Free Entrée V Vegetarian

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-2650 Ext. 136
24 Hr notice is suggested. Highland Green Residents: \$1 delivery fee per address